



Presence of Breath™

Saturday 1st & Sunday 2nd July 2017

Slí na Bandé, Newtownmtkennedy, Co. Wicklow



Presence of Breath™ is a dynamic two-day workshop that combines the powerful integrative tools of two modalities:

***The Presence Process*, by Michael Brown**

A book that has made a large impact around the world

PLUS

Transformational Breath®, co-founded by Judith Kravitz

A complete breathing system for self-awareness & healing

- * Integrate and clear unconsciously held traumas using full connected breathing, sound & movement and hands-on work to create change at the “causal level” of your being.
- * Learn the gift of Present Moment Awareness and live from the space of “Presence” ~ which, in essence, is what we all are.

Tuition Fee: €295 Early Bird €270

Early Bird extended to 7th June 2017

Contact Claire & Michael Blake

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