Dancing with the Gods -Manifesting Your Own Myth



Paul Rebillot Residential Workshop

This experiential workshop is based on the belief - shared by Carl Gustav Jung, James Hillman and Joseph Campbell among many others - that myths have deep psychological significance, that - as Hillman put it - *"myths show our depth psychology in ancient dress"*. A myth or legend that attracts us, haunts us and draws us in does so because our unconscious recognises that there is something within that particular story that we need to learn.

Choose a myth that speaks to you and in this workshop explore its healing potential using a variety of creative approaches including dramatisation, movement, meditation, ritual and Gestalt process.

No previous experience of drama or Gestalt process is necessary.

| When: | 18th - 24th February 2017 |
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| Where: | The Slí an Chroí Centre, Kiltegan, Co. Wicklow |
| Led by: | The Fool's Dance Gestalt Company - Paul Rebillot School in Ireland |

Fort further information: Phone: 021-4505711 Email: fergus.lalor@upcmail.ie