

# who are we?

Brendan and Eileen are integrative psychotherapists with over fifteen years experience and training in Family Constellations. Brendan is currently a faculty member for the BA in Counselling and Psychotherapy in Cork Institute of Technology. Eileen was a faculty member there for seven years.

Brendan served for four years as Vice-President of the International Systemic Constellations Association (ISCA). A retired school principal, he spent many years working with families in difficult situations. In 2016 he completed a Masters Degree by Research on Suicide, Trauma and Family Constellations.

Eileen is a retired Director of a Social Justice organisation. She has fifteen years training using The Diamond Approach. She also trained as a Reality Therapist with The Glasser Institute. Much of her work has focused on family support and social inclusion.

Brendan and Eileen are also trained Mediators (MII) and have vast experience of working with individuals, groups and families at community level and in a wide variety of life situations.

*There is a crack, a crack in everything.  
That's how the light gets in...  
That's how the light gets in.*

Leonard Cohen



Avila,  
Doughcloyne,  
Togher,  
Cork.

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**core concepts  
family constellations  
2017**

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# An Introduction to the Core Concepts of Family Constellations for:

- Psychotherapists, Counsellors, Doctors and Health Professionals who wish to enhance their existing practice
- Helping Professionals in areas such as Education, Justice, Youth Work and Social Care
- All those who work with families who have to cope with trauma, violence, addiction and a range of other difficulties
- People who want to learn more about Family Constellations in order to support them in their Family Life.

The training will involve a combination of inputs, interactive sessions, experiential work as well as individual constellations. Some recommended and required reading will be included. A number of short written assignments will also be involved.

The course will offer a Certificate of Continuing Professional Development. This introductory course does not qualify participants to deliver Family Constellation Workshops. It is to be seen mainly as an enhancement of existing qualification and practice.



## modules

The course will cover core concepts of family constellations theory and practice over 12 days .

**EXPERIENTIAL TRAINING**

**THE ORDERS OF LOVE**

**THE FAMILY AS A SYSTEM**

**THEORY AND PRACTICE OF CONSTELLATION WORK**

**DEALING WITH TRAUMA**

**PERSONAL GROWTH AND SELF-CARE**

**EXPLORING SPECIFIC ISSUES**

**CONSTELLATION WORK IN A ONE TO ONE SETTING**

**80 hours training  
4 weekends**

**schedule**

21st - 23rd April  
19th - 21st May  
15th - 17th September  
20th - 22nd October

€1600

Mardyke House,  
Cork.

For more details please see [www.familyconstellationsireland.com](http://www.familyconstellationsireland.com) or email [familyconstellationsireland@gmail.com](mailto:familyconstellationsireland@gmail.com)